



ACT & SAT Practice Tests: Remote Proctoring Instructions

WHAT YOU'LL NEED:

- A practice test
- A bubble sheet
- A pencil
- A calculator
- A little over 3 hours
- (Optional) A phone, tablet, or computer and a power source

WHAT YOU'LL DO:

The Easy Way:

Set aside about 3 hours in a quiet room. Visit the link or scan the following QR code with the camera on your phone or tablet. Plug in your device and set it to “Do Not Disturb Mode” so you don’t get distracted and follow your remote proctor’s instructions!

- **ACT:** <https://youtu.be/a8UyAAJMFZs>
- **SAT:** <https://youtu.be/czBF78JF6co>

ACT



SAT



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The (Slightly!) Harder Way:

ACT

- Set aside about 3 hours in a quiet room. Set your phone on silent so you don't get distracted!
- Set a timer for 45 minutes and begin the English test. On test day, proctors will warn you at the 40 minute mark, so you may want to set an additional timer for that.
- Set a timer for 60 minutes and begin the Math test. On test day, proctors will warn you at the 55 minute mark, so you may want to set an additional timer for that.
- Take a break for 15 minutes.
- Set a timer for 35 minutes and begin the Reading test. On test day, proctors will warn you at the 30 minute mark, so you may want to set an additional timer for that.
- Set a timer for 35 minutes and begin the Science test. On test day, proctors will warn you at the 30 minute mark, so you may want to set an additional timer for that.
- If you are NOT taking the Essay, you're done!
- If you ARE taking the Essay, take a 2 minute break and then set a timer for 40 minutes and begin the Essay. On test day, proctors will warn you at the 35 minute mark, so you may want to set an additional timer for that.

SAT

- Set aside about 3 hours in a quiet room. Set your phone on silent so you don't get distracted!
- Set a timer for 65 minutes and begin the Reading test. On test day, proctors will warn you at the 30 and 60 minute marks, so you may want to set additional timers for those.
- Take a break for 10 minutes.
- Set a timer for 35 minutes and begin the Writing and Language test. On test day, proctors will warn you at the 15 and 30 minute marks, so you may want to set additional timers for those.
- Set a timer for 25 minutes and begin the Math No Calculator test. On test day, proctors will warn you at the 10 and 20 minute marks, so you may want to set additional timers for those.
- Take a break for 5 minutes.
- Set a timer for 55 minutes and begin the Math With Calculator test. On test day, proctors will warn you at the 25 and 50 minute marks, so you may want to set additional timers for those.
- If you are NOT taking the Essay, you're done!
- If you ARE taking the Essay, take a 2 minute break and then set a timer for 55 minutes and begin the Essay. On test day, proctors will warn you at the 25 and 50 minute marks, so you may want to set additional timers for those.

CONGRATULATIONS: you're done with your practice ACT or SAT!

Now what? Either give ALL pages of your bubble sheet to your tutor (yes, even the first page you didn't touch!) or scan them all (again, even the first page!) in greyscale at 300dpi and email them to tutorteam@alisteducation.com.

Please reach out to the A-List Tutor Team if you have any questions or problems!

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